

UB WORKING MOMS GROUP

- **Are you a mother employed at UB?**
- **Do you find it difficult to balance your work and family lives?**
- **Would you like to meet other moms in a similar situation?**

If so, please join other UB moms for an informal lunch group to discuss successes, issues, and concerns.

**2nd Thursday of each month
Noon – 1PM Student Union
Bring Your Own Lunch**

**For more information or to join contact:
Crystal Kaczmarek-Bogner at 829-2144 or
clk6@buffalo.edu.**

UBEAP
UNIVERSITY AT BUFFALO
EMPLOYEE ASSISTANCE PROGRAM

645-4461

Working dads: If you would be interested in participating in a group, please contact your UB EAP Coordinator at 645-4461.